

# KUMARA - Timetable 2010

[WWW.KUMARA.COM.AU](http://WWW.KUMARA.COM.AU)

Register Online or call: **9307 3500**

Centre Closed: Public and Xmas Holidays

## **Shop & Head Office:**

**Unit 2, Heathridge Shopping Centre, 99 Caridean St, Heathridge, WA 6027**

## **WORKSHOPS:**

**North Shore Country Club 1st Floor, 11 Henderson Dv, Kallaroo, WA 6025**

**Bookings Essential for all Courses**

Amended

15-Nov-10

| Course  | Date  | Pre Requisite | Cost        |
|---|---|---------------|-------------|
| <b>FREE Workshops</b>   |   |               |             |
| <b>FREE Meditation Workshop</b><br><b>MONDAY</b><br>7.15pm - 8.15pm                             | Evening<br><b>17 January 2011</b>                             | Nil           | <b>FREE</b> |
| <b>FREE Energy Awareness &amp; Introduction to Pranic Healing - THURSDAY</b><br>7.15pm - 8.15pm | <b>27 Jan 2011</b><br><b>24 Mar 2011</b><br><b>2 Jun 2011</b> | Nil           | <b>FREE</b> |

## **Meditation Workshops 6 - week duration**

|  |  |     |  |
|--|--|-----|--|
| <b>Meditation Workshops</b><br><b>Start Dates: MONDAY</b><br>7.15pm - 8.45pm<br>(New admission up to week 3) | <b>Courses Start:</b><br><b>25 October</b><br><b>24 January 2011</b> | Nil | <b>Cost - \$155</b><br>(includes<br>Meditation CD) |
|--|--|-----|--|

|   |   |     |  |
|---|---|-----|--|
| <b>Meditation Workshops</b><br><b>Start Dates: FRIDAY</b><br>9.30am - 11.00am<br>(New admission up to week 3) | <b>Courses Start:</b><br><b>Numbers</b><br><b>Dependant</b> | Nil | <b>Cost - \$155</b><br>(includes<br>Meditation CD) |
|---|---|-----|--|

## Weekly Meditation & Healing Sessions - Open to Public

|  |  |     |  |
|--|--|-----|--|
| <b>Heart &amp; Crown Meditation</b><br>Every <b>TUESDAY</b><br>11.15am - 12.15pm   | <b>Ends:</b><br><b>21 December</b><br>Restarts:<br>11 January 2011   | Nil | Cost - <b>\$15</b><br>per session<br><b>Bookings Recommended</b><br>(Ask about our discount cards) |
| <b>Healing Session &amp; Meditation</b><br>Weekly Every <b>WEDNESDAY</b><br>7.00pm - 8.30pm                              | <b>Ends:</b><br><b>15 December</b><br>Restarts:<br>12 January 2011   | Nil | Cost - <b>\$15</b><br>per session<br><b>Bookings Essential</b>                                     |
| <b>WEEKLY Cancer Support Meditation</b><br>Every <b>THURSDAY</b><br>11.15 - 12.15pm                                      | In conjunction with <b>Cancer Helpline</b><br><b>10 Feb - 31 Mar</b> | Nil | FREE - please contact the centre for more information  |
| <b>WEEKLY Meditation Group</b><br>Every <b>THURSDAY</b><br>7.15pm - 8.15pm<br>'Kryashakti' meditation every 3rd Thursday | <b>Ends:</b><br><b>16 December</b><br>Restarts:<br>13 January 2011   | Nil | Cost - <b>\$15</b><br>per session<br><b>Bookings Recommended</b><br>(Ask about our discount cards) |

## Kumara Retreats

|   |   |          |   |
|---|---|----------|---|
| <b>Wesak</b><br>Start 6.00pm<br><b>TUESDAY - SUNDAY</b><br>End 11am                       | <b>MOUNT HELENA</b><br>5 nights<br><b>15-20 May 2011</b>    | Advanced | Cost from <b>\$910</b> per person share |
| <b>11:11:11 Meditation Retreat</b><br><b>THURSDAY - SUNDAY</b><br>10am - 3pm              | <b>CHITTERING</b><br>3 nights<br><b>10-13 November 2011</b> | Nil      | Cost from <b>\$620</b> per person share |
| <b>KUMARA 1-Day 'Reconnection' Meditation Retreat</b><br><b>SUNDAY</b><br>9.30am - 1.30pm | <b>NORTHSHORE</b><br><b>27 February 2011</b>                | NIL      | Cost <b>\$55</b>                        |

## Pranic Healing Courses

|   |   |                             |   |
|---|---|-----------------------------|---|
| <p><b>FREE Energy Awareness &amp; Introduction to Pranic Healing - THURSDAY</b><br/>7.15pm - 8.15pm</p> | <p>27 Jan 2011<br/>24 Mar 2011<br/>2 Jun 2011</p>     | <p>Nil</p>                  | <p>Cost - <b>FREE</b></p>                                   |
| <p><b>Basic Pranic Healing SATURDAY &amp; SUNDAY</b><br/>9.30am - 5.30pm + 2 evenings</p>               | <p>2 Days<br/>19 - 20 Feb 2011</p>                    | <p>Nil</p>                  | <p>Cost - <b>\$330</b><br/>Earlybird Discount Available</p> |
| <p><b>Advanced Pranic Healing SATURDAY &amp; SUNDAY</b><br/>9.30am - 5.30pm + 2 evenings</p>            | <p>2 Days<br/>12 - 13 Mar 2011<br/>16-17 Jul 2011</p> | <p>Basic Pranic</p>         | <p>Cost - <b>\$330</b><br/>Earlybird Discount Available</p> |
| <p><b>Pranic Psychotherapy SATURDAY &amp; SUNDAY</b><br/>9.30am - 5.30pm + 2 evenings</p>               | <p>2 Days<br/>7 - 8 May 2011<br/>20-21 Aug 2011</p>   | <p>Adv Pranic</p>           | <p>Cost - <b>\$330</b><br/>Earlybird Discount Available</p> |
| <p><b>Achieving Oneness with the Higher Soul SATURDAY &amp; SUNDAY</b><br/>9.30am - 5.30pm</p>          | <p>26 - 27 March 11<br/>08 - 09 October</p>           | <p>Nil</p>                  | <p>Cost - <b>\$330</b><br/>Earlybird Discount Available</p> |
| <p><b>Pranic Crystal Healing SATURDAY &amp; SUNDAY</b><br/>9.30am - 5.30pm + 2 evenings</p>             | <p>2 Days<br/>20-21 November<br/>2-3 July 11</p>      | <p>Pranic Psychotherapy</p> | <p>Cost - <b>\$330</b><br/>Earlybird Discount Available</p> |
| <p><b>Pranic Psychic Self Defence SATURDAY &amp; SUNDAY</b><br/>9.30am - 5.30pm + 2 evenings</p>        | <p>2 Days<br/>6-7 November<br/>6-7 August 11</p>      | <p>Pranic Psychotherapy</p> | <p>Cost - <b>\$330</b><br/>Earlybird Discount Available</p> |

## Ego Transformation & Mentoring

## Self Esteem

|  |                            |     |  |
|--|----------------------------|-----|--|
| <b>Ego Transformation &amp; Mentoring</b><br><b>TUESDAY</b><br>7.15pm - 8.45pm | <b>1 Mar - 12 Apr 2011</b> | Nil | Cost<br><b>\$20 per session</b><br>(Must be paid - in advance - by the term. Term times vary from 5-9 weeks) |
|--|----------------------------|-----|--|

## Meditations Various

|   |                                   |          |   |
|---|-----------------------------------|----------|---|
| <b>Ascension Crown &amp; Heart Advanced Meditation Group</b><br><b>SATURDAY</b><br>9.30am-10.30am | <b>30 October<br/>20 November</b> | Advanced | Cost - <b>\$15</b> per session<br><b>Bookings Recommended</b><br>(Ask about our discount cards) |
| <b>FULL MOON Meditations</b><br><b>Every full Moon</b><br>6.00pm - 6.45pm                         | <b>Mon 22 Nov<br/>Tue 21 Dec</b>  | Nil      | Cost - <b>\$15</b> per session<br><b>Bookings Recommended</b><br>(Ask about our discount cards) |

## Mahatma Group Healing Sessions

|  |               |     |                                   |
|--|---------------|-----|-----------------------------------|
| <b>Mahatma Crystal Healing</b><br><b>SATURDAY</b><br>9.15 - 10.30am<br>9.30am - Session starts | <b>27 Nov</b> | Nil | Cost - <b>\$38.50</b> per session |
|--|---------------|-----|-----------------------------------|

| Course | Date | Pre Requisite | Cost |
|--------|------|---------------|------|
|--------|------|---------------|------|