



## Transcending Ego Retreat



### Mount Helena, WA

Join Liz for this Transcending Ego & Connection to the Masters Retreat.

Using meditation and psychoanalytical processes, Liz will take you on a Journey of transformation of the ego, which will give you a deeper connection to your true self and the Masters. There will be much discussion time and inner processing in a safe and caring environment.

#### So, can you imagine a life that is not dominated by the ego?

If you are seriously ready to change and face up to your inner challenges and to look at your own life-processes, then this retreat will start you on the journey. If you have already started the process, then this retreat will take you even deeper.

Imagine ..... if you could be free from all problems. This is a definite possibility when you start to understand that every problem comes from the ego and not from the Self.

*"The egoic mind is completely conditioned by the past." Eckhart Tolle.*

**Where:** Theosophical Retreat  
Mount Helena, WA

**When:** Thu 21 Oct - Sun 24 Oct *(3-nights)*

**Cost:** \$570 pp Twin share *EarlyBird Price* \$525 pp  
\$705 pp Single *EarlyBird Price* \$690 pp

*Price includes Food (Vegetarian) & accommodation*

For more information call Kumara Admin: 9307-3500  
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