

# KUMARA | NEWSLETTER

Meditation Cafe Bookstore | P: (08) 9307 3500 | E: info@kumara.com.au | F: (08) 9402 8296 | 99 Caridean St Heathridge WA 6027

Hello,

We are pleased to announce we have managed to arrange a **luxurious retreat venue**, at a very reasonable price, that will enable us to run 4-retreats a year. The Kumara **retreat** experiences are very special events. **The Psychic Development Retreat** is taking place in 2-weeks and we still have a few spaces available.

Don't forget to ask about our 'Family discounts' when making a booking.

Check out the website for more information.

Over the next month [August], we welcome you to chill out in our **cafe** with a 15% reduction off all cakes. We will also be looking to increase our organic food menu, so come along and check out our amazing Kumara Centre.

The beautiful Debbie will be taking over our **Basic meditation classes** and the amazing Mary is back to run the **Intermediate meditation classes**. I am still being 'let loose' with the **Advanced meditation classes**. Two fantastic meditation teachers who really have a passion for what they teach and me who never teaches what is supposed to be taught!

We have also introduced a '**Course Graduate Fun Afternoon**' - twice per term. This is a fun session which starts with a **FREE meditation** and then **FREE Tarot, Rune and Spiritual psychic readings**, by our many readers. This is rapidly becoming one of the 'signature' Kumara events.

So, if you want to know more, contact the centre, we would love to see you whether you are repeating a course or coming along for the first time.

**Quote for the month : Peace comes from within. Do not seek it without.**

Prince Gautama Siddharta, the founder of Buddhism, 563-483 B.C.



Liz

## **Need a Healing Session?:**

Call Kumara and arrange a healing session today:

Appointments available daily - Please contact us to arrange an appointment.

Tel : 9307-3500

FOR MORE DETAILS ABOUT 'THE KUMARA EXPERIENCE' PLEASE CHECK OUR WEBSITE: [WWW.KUMARA.COM.AU](http://WWW.KUMARA.COM.AU)